Life Groups

We believe God created us for community, and that we experience our best life when we live with and for one another. Life Groups create space for this communal life to flourish as we encounter the Living Word together and are invited to His table.

Our Life Groups are built on four pillars drawn from Acts 2:42:
They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.

- *Follow Jesus Together*: Our salvation is both a personal and communal journey in which we grow as disciples in the Way of Jesus. We will be utilizing *Practicing the Way* as a framework for our apprenticeship to Jesus. As a church, we will practice nine core spiritual disciplines that equip us to be with Jesus, become like Him, and do what He did.

- *Gather at the Table Together*: We believe sharing food is an important part of Life Groups! This includes not only physical meals but also the Lord's Supper and spiritual nourishment. The table is where family and friends gather as equals, and where everyone has a seat.

- *Be Known Together*: One of our deepest human desires is to be known and to know others. The Bible refers to this as *koinonia*—a deep, communal fellowship. Life Groups focus on building a sense of community and connection, where people can be truly known, cared for, and experience Jesus through one another.

- *Pray Together*: Prayer is vital, as it connects us with God and one another. In Life Groups, we bring our praises, requests, confessions, repentance, and thanksgiving to the Lord. Through prayer, we are transformed, healed, and shaped into Christlikeness together.

Rooted Groups

Rooted is a curriculum offered seasonally at The Point. This eleven-week study covers essential elements of faith, such as: Who God is, how He speaks to us, life's purpose, and spiritual practices like generosity, witness, prayer, service and more. After completing the program, Rooted Groups may choose to continue as a Life Group. Rooted is a great entry point into group life at The Point and lays a solid foundation for spiritual formation and community connection.

Study Groups

A Study Group gathers around a specific curriculum or topic and has a defined start and end date. Unlike Life Groups, a Study Group is not ongoing and focuses primarily on the subject matter rather than on building community and connection. These groups may address topics like care (e.g., GriefShare) or Bible study aimed at theological growth and personal application. We will also offer seasonal discipleship classes that both Life Groups and individuals may choose to attend.