



find it here

MESSAGE APPLICATION Guide

Start with an icebreaker question to get everyone talking, then choose the questions that work best for your group.

Why I am So Thankful

ICE-BREAKER:

What are the top 2-3 things you are most thankful for this year?

DISCUSS:

Gratitude is all about focus. What has been your focus this past year?

From day to day are you inclined to dwell on all that is right or are you more aware of the things that are wrong? What needs to be different about this in the coming year?

Do you agree or disagree with the statement that *hurry and busyness can lead to ingratitude and missed opportunities*? How does this statement apply to you personally?

- Gratitude is LEARNED behavior.
- Gratitude is a CHOICE.
- Gratitude can be directed to PEOPLE or to GOD.

READ: *"It is good to give thanks to the LORD..."* – **Psalm 92:1 (NLT)**

There is an old hymn of the church that is called "Count Your Blessings." Take a few moments and have everyone in the group take turns sharing sentence testimonies thanking God for some of the simple things we can easily take for granted.

APPLY:

During the Thanksgiving holiday, we focus on our blessings and express gratitude to God. Gratitude should be on our lips daily. Who do you most need to thank this week - parents, friends, neighbors, leaders, God?

What steps could you take to make gratitude a more consistent element in your daily life?