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MESSAGE APPLICATION Guide

My BIG FAT Mouth Week 4 - Gossip

ICE-BREAKER:

Share about a time you caught yourself gossiping. How did it make you feel? Did you do anything to stop it?

“When we are talking about a situation with somebody who is neither part of the problem nor part of the solution, then we are probably gossiping.” - Rick Warren

How does this definition change your view of gossip? Or does it?

Do you have any tricks for avoiding gossip? What works for you?

READ: *“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.”* - **Ephesians 4:29 (NIV)**

“If anyone considers himself religious and yet does not keep a tight rein on his tongue, he deceives himself and his religion is worthless.” - **James 1:26 (NIV)**

DISCUSS:

Why do you think people gossip? What are they looking to get out of it?

Did anything specifically stand out or stick with you from Sunday’s message?

What are some of the ways gossip harms relationships?

APPLY:

Gossip claims, “I’m strong because they’re weak.” The Gospel admits “I am weak, but He is strong.” What step do you need to take to fight gossip with the Gospel?

Is there anyone you’ve hurt with gossip? How will you make it right this week?

What has been the key take-away from this series for you personally?