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MESSAGE APPLICATION Guide

Summer in The Psalms Week 5 Psalm 77

ICE-BREAKER:

Apart from your salvation, what has God done for you in the past that you always want to remember?

READ: Psalm 77

DISCUSS:

Is your natural tendency to magnify God, or magnify your problems? What difference does this make?

What do the six questions in verses 7-9 reveal about Asaph's mindset? Where did the shift seem to take place in his thinking?

How did Asaph overcome his feelings of doubt and discouragement?

What resulted from the Psalm writer's meditation on God's works in the past?

Why do you think we sometimes feel that God is distant and/or unreachable?

How can we follow the Psalm writer's example in dealing with doubt and discouragement?

What memories of God's help in the past encourage you to believe that He will help you in the future?

APPLY:

Who is one person you can ask to pray with you the next time you feel discouraged?

How can you remind yourself this week of God's faithfulness to you in the past?

Close by praising God for His presence, mercy, and guidance in your life today.