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MESSAGE APPLICATION Guide

WARRIOR Week 3

ICE-BREAKER:

What lessons have stuck with you from the last two weeks of the *Warrior* message series?

DISCUSS:

What safeguards do you have in place to guard against sexual temptation?

What kinds of things prevent us from confessing known sin in our lives?

Why do you think we are sometimes hesitant to repent of sin?

In the past, what has motivated you to repent of sinful behaviors or attitudes?

READ: *"When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD"-- and you forgave the guilt of my sin."* - **Psalm 32:3-5**
(NIV)

Why should we confess our sins to God? How important is it to confess to others? What difference does this make?

APPLY:

How do you feel when you have unconfessed sin in your life?

How do you feel when you repent and experience God's forgiveness?

Is there anything you need to confess right now?

Discuss how you can confess your sins, remove your triggers, or get the help you need this week.