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MESSAGE APPLICATION Guide

NOT Afraid Week 1

ICE-BREAKER:

What are you afraid of? How do you typically deal with fear and anxiety?

Would you describe your faith as more of a weekly faith or a daily faith?

Describe a time when God showed you that He was with you—even though life was tough.

What are some ways you could live out your faith more from day to day?

READ: Ephesians 6:10-17

DISCUSS:

Why do you think Paul used the detailed description of a Roman soldier's armor to explain spiritual warfare?

How would you describe the armor of God in your own words?

What is spiritual warfare?

How often have you been engaged in spiritual warfare?

In what way has the Christian life been like a battle for you?

What pieces of armor are you missing?

APPLY

How can you lean on the Holy Spirit's help in doing battle for the kingdom of God each day?

How can you encourage another Christian in his or her spiritual battles?

How can this group pray for you this week?