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## MESSAGE APPLICATION Guide

Start with an icebreaker question to get everyone talking, then choose the questions that work best for your group.

### Nine Flavors ONE Fruit Week 6

#### ICE-BREAKER:

What are the biggest enemies of peace in your life right now?

#### DISCUSS:

Why does peace sometimes seem so elusive?

Do you believe peace is always possible?

Pastor Steve mentioned several enemies of peace (ie; worry, fear, anger). What are some other enemies of peace? Which of these do you face most often?

What is your favorite strategy for coping with the enemies of peace?

**READ:** *“Don’t worry about anything; instead, pray about everything. Tell God what you need and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.”*  
- **Philippians 4:6-9 (NLT2)**

We all desire peace with God, peace with others, and peace with ourselves. Which has been the greatest challenge for you personally and why?

#### APPLY:

Do you need to *unplug*, or *lighten up*? Which one would enable you to experience greater peace in your life today?

What is your next step toward pursuing God’s peace plan for your life?