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MESSAGE APPLICATION Guide

Start with an icebreaker question to get everyone talking, then choose the questions that work best for your group.

Chasing Carrots
Week 4 – Approval

ICE-BREAKER:

When you were young, whose approval meant the most to you? Why?

DISCUSS:

Have you ever cared too much about what others thought?

How did your desire for approval affect you?

People-pleasers battle three problems: obsessing about what others think, feeling overly sensitive to criticism, and having a hard time saying "no." Which problem most describes you?

Why do you think you have a hard time with that particular problem?

In what ways is fearing what others think a trap?

READ: *"Fear of man will prove to be a snare, but whoever trusts in the LORD is kept safe."*
- Proverbs 29:25 (NIV)

"Obviously, I'm not trying to win the approval of people, but of God."
- Galatians 1:10 (NLT2)

APPLY

What are some ways you can stop seeking approval from others?

What steps can you take to truly start embracing who God says you are today?

If we were to prioritize Christ's approval over the approval of others, how might that change our lives and our relationships?