



find it here

MESSAGE APPLICATION Guide

Start with an icebreaker question to get everyone talking, then choose the questions that work best for your group.

Emotions - Week 4 Angry Like Jesus

ICE-BREAKER:

When do you tend to lose your temper most easily?

DISCUSS:

What makes you angrier—when you're mistreated, or when someone you love is mistreated? Why do you think there's a difference between the two?

What is the typical way you express your anger?

How do you feel about expressing anger? Are you comfortable with it, or do you tend to downplay it?

READ: *"Don't sin by letting anger control you. Don't let the sun go down while you are still angry, for anger gives a foothold to the devil."* - **Ephesians 4:26-27 (NLT2)**

Are you ever angry when you should be loving? What needs to be done to change this?

In your effort to be right, have you ever forgotten to be loving? What was that situation like? What did you learn from it?

APPLY:

Are you angry with someone right now? What can you do to resolve your differences?

How might remembering God's forgiveness of your sins change the way you approach people who have hurt or mistreated you or those you love?

Ask God to help you show His love to others the next time you feel angry.