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MESSAGE APPLICATION Guide

Start with an icebreaker question to get everyone talking, then choose the questions that work best for your group.

Emotions – Week 3 Feeling Lost in Sadness? Experience Joy Again!

ICE-BREAKER:

What three emotions do you think you felt most this week?

DISCUSS:

Share with the group one thing that has brought you great joy recently.

What would your tears tell us about what brings you joy?

Christian Counselor, Teri Claassen talked about how so many people strive for joy but so few truly experience it. Why do you think this is?

If joy is not found in circumstances, where can it be found?

Have someone recount the parable of the prodigal son from Luke 15:11:32.

What does the forgiving love of the father in this story represent?

How have you been like the prodigal son in this story?

When have you been like the older brother?

APPLY

Has there been a time in your life when you noticed yourself walking away or drifting from God? What impact has that had on your life?

Do you ever find yourself just following the rules instead of truly enjoying a relationship with your Father? What would need to change in order for you to enjoy the relationship?

What one step could you take toward your Father this week?

Who could you encourage in their faith?