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MESSAGE APPLICATION Guide

Start with an icebreaker question to get everyone talking, then choose the questions that work best for your group.

Emotions – Week 1 Where is God When I Hurt?

ICE-BREAKER:

Do you think of yourself as an emotional person? In a word, what is your emotional state right now?

READ: *“A funeral procession was coming out as he approached the village gate. The young man who had died was a widow’s only son, and a large crowd from the village was with her. When the Lord saw her, his heart overflowed with compassion. ‘Don’t cry!’ he said. Then he walked over to the coffin and touched it, and the bearers stopped. ‘Young man,’ he said, ‘I tell you, get up.’ Then the dead boy sat up and began to talk! And Jesus gave him back to his mother. Great fear swept the crowd, and they praised God, saying, ‘A mighty prophet has risen among us,’ and ‘God has visited his people today.’” - Luke 7:12-16 (NLT2)*

DISCUSS:

How do you typically respond to another person’s grief?

Have you ever gone through a time when you felt like God didn’t see you? What was that like and how did it make you feel?

Is it difficult for you to remember how much God loves you when you are going through difficult times? Why or why not?

Share a time when you realized that God had been with you during a difficult time, even if you didn’t see it in the moment.

APPLY

Do you know someone who is hurting that you might reach out to this week?

What cares and concerns can you cast on Jesus this week? Take time to do this as a group.